

Hemorrhoid Banding

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| Your appointment is: _____ @ _____. |
| ** Please call our office and confirm your appointment 3 days prior** |
| Please note: you may be required to stay a short time after the procedure. |

PREPARATION:

You will need to use a fleet enema to help clean out your bowels. (This can be purchased over the counter at any pharmacy). Please use this approximately 1 – 1 ½ hours before the procedure.

What is a hemorrhoid banding?

Hemorrhoids are veins in the tissues at the opening of the anus that become enlarged. They can cause pain, bleeding, and/or itching. A person who has hemorrhoids may also have clots forming in the hemorrhoid tissue. Hemorrhoid banding is a procedure in which the doctor puts a tight band around the hemorrhoids. The hemorrhoids will then wither and heal on their own.

What will happen after the procedure?

You can use sits baths, stool softeners, and apply ointments to the area to help decrease discomfort. Avoid all heavy lifting activities for the next week. You will have an immediate dull ache in this area that should lessen within a few hours.

What are the risks associated with this procedure?

In rare cases, you may have an allergic reaction to the band used in this procedure, or a small chance of developing a constriction of the anus, making it difficult to have a bowel movement. This procedure is not a permanent fix and the hemorrhoids may re-occur. There is also a risk of infection and bleeding.

When should I call my Doctor?

Call the doctor immediately if: you begin to bleed a lot, you develop worsening pain in the area, you develop a fever, and/or you have trouble urinating or having a bowel movement.